

# Introductory Behaviour Consultation

For Portland Vets - Date and time booked: \_\_\_\_\_

Name of referring veterinarian: \_\_\_\_\_

**For the Owner/ Carer, please fill in and read carefully and sign at the bottom of this page and on the last page**

Please either email to [info@behaviourandtraining.co.uk](mailto:info@behaviourandtraining.co.uk) or bring to Portland Vets before the session.

**Owners name:** \_\_\_\_\_ **Address:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Phone number:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Dogs name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Breed (if cross between what breeds):** \_\_\_\_\_

*i) I, the owner/ carer, give consent for Ewa Highland to discuss your dogs record with veterinarians at Portland Vets?*

**Yes**

**No**

*ii) I, the owner/ carer, give consent to Ewa Highland to keep your name, address, dogs name, breed, telephone number and email address (as written above) and to contact you in the future? The details will never be passed on to a third party.*

**Yes**

**No**

*iii) I, the owner/ carer realises that I can opt out of any communication at any point in time by contacting Ewa Highland.*

**Yes**

**No**

*iv) By signing below I am aware of that all training conducted at home based on the advice from the Introductory Behaviour Consultation is done at own risk.*

**Date and signature of owner/ carer:**

# Foundation for Functional Assessment and Intervention Design

## ***General information and reason for this form:***

Behaviour, B - both wanted and unwanted behaviours are affected by what is happening around the dog. It can be affected by what is happening just in conjunction to when the unwanted behaviour occurs (called immediate antecedents, A) as well as being affected indirectly by other things that has happened long before the unwanted behaviour elicits, physical health is included here too (called distant antecedents, A).

Behaviour is also affected by what is happening directly after the behaviour, seen from the dogs perspective (consequence, C).

To be able to change an unwanted behaviour it is important to also define what we want the dog to do instead of the unwanted behaviour. That way we can mark and reward that behaviour and therefore increase the behaviour we want and at the same time decrease the unwanted behaviour.

In Applied Behaviour Analysis we work with a model called ABC. This means that we first define the unwanted behaviour itself (Behaviour, B), that way we have something we can measure going forward, then we look at what happens before the behaviour occurs (Antecedents, A) and we also look at what happens afterwards (Consequence, C). All behaviours follow this pattern. Emotions is a ruling, motivating part of why behaviours occurs, therefore they are important to take into consideration when trying to change behaviour patterns.

***A -> B -> C***

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**In this form** I will ask you to answer some questions about your dog - please put as much background as you know, describe a normal days routine, what the unwanted behaviour looks like, what is happening before the behaviour elicits, what you want your dog to do instead of the unwanted behaviour, what training that has been done previously and what results that has brought.

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- Tell me as much as possible about your dogs background, such as sex, neutered/spayed, age, breed/cross, how long you have had the dog for.***

2. ***Is your dog physically healthy? If any concerns, please describe as detailed as possible.***

3. ***Observe and operationally define the target behaviour (Behaviour).***

What does the dog do that can be observed and measured? Describe the behaviour you are looking to change as detailed as possible.

- a) What does the behaviour look like? Describe what the dog does.
- b) When did the behaviour start?
- c) How many times has this behaviour happened in total?
- d) How many times does it happen during every episode?

4. ***In what circumstances does the behaviour happen? (Antecedents - Immediate and Distant)***

- a) Is it anyone or anything that needs to be present for the dog to elicit the unwanted behaviour?
- b) Does it happen more or less when the dog has done particular things during the day - been alone for a long time, had longer/shorter walks than normal for example?
- c) Any other additions that may affect the occurrence or strength of the the unwanted behaviour, please describe.

5. ***Seen from the dogs perspective - what do you think makes the dog continue doing the unwanted behaviour (Consequence)?***

6. ***What do you want your dog to do instead of the unwanted behaviour? Describe the ideal behaviour as detailed as possible.***

7. ***What training has been done up to this point and what possible results have been achieved? Please describe as detailed as possible.***

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*By signing below, I, the Owner/ Carer, confirm that I have filled in this form in by myself and I give consent for Ewa Highland and Portland Vets to read and keep the data and information given in this form.*

***Date and Signature of Owner/ Carer:*** \_\_\_\_\_

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Kind regards,

***Ewa Highland Behaviour and Training***

Cert HE Animal Behaviour and Animal Welfare

SBK Instructor

CAP 1 & 2

LLA - Prof. Susan Friedman, Utah University

Cert Dog Behaviour and Solutions - Prof. Clive Wynne, Arizona State University

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